

Frodsham in Pink – the campaign in support of the Prevent Breast Cancer charity

The Find it in Frodsham initiative encouraged local businesses to decorate shop windows, create pink themed products and host fundraising events throughout June.

The month featured a packed programme, from Dandelion's family-friendly Jellicat trail to Devonshire Bakery's pink iced buns. One of many notable events was Dory's Café's charity dog walk.

Holly from the café said, "We all wanted to do something positive to raise awareness, encourage conversations and bring the community together. It was wonderful to see Frodsham businesses, people, and even four-legged friends getting involved."

The campaign demonstrated the strength of the town's community spirit. Alongside raising money for the charity, awareness around breast cancer and its prevention was raised and displayed what can be achieved when a whole town comes together for a shared purpose. At the time of printing, the campaign has raised £3835.55!



Photo: Holly

Brave Bird Escapes Burglars

Bank Holidays are a time for fun, but some people have different ideas. Chris Hyland's company iRestored in Church Street was burgled in the early hours of the Spring Bank Holiday Monday with intruders breaking through the rear entrance. As well as extensive damage, much of the company's stock was stolen, although Chris reassures his customers that all items left with him for repair are safe.

The damage and loss were upsetting, but Chris was devastated to find one of his pet birds who fly free in the back of the shop was missing.

Pepper, the male plum-headed parakeet, had escaped during the robbery whilst Salt his female partner was safe. A message on Facebook alerted Chris to the fact that a pet bird had been found in Frodsham and they were reunited. As an exotic species though, Pepper had been attacked by crows. A local vet provided first response treatment and he was then referred to a specialist vet in Tarporley. Due to his injuries he has had part of one leg amputated, but Chris is hopeful he will make a full recovery.

iRestored have sponsored earlier editions of Frodsham News and the team send Chris their best wishes and "Get well soon" to Pepper.

Frodsham Sings Community Choir

Sponsor



Photo: Frodsham Sings

Photo: A. Bell

There are many choirs around, but inclusion and friendship goes hand in hand with the joy of singing contemporary songs at Frodsham Sings.

There is a wealth of evidence that singing is good for emotional wellbeing. Research shows that when people sing, the brain releases endorphins and oxytocin which in turn lowers stress and anxiety levels.

Over the last 12 years, the choir has built a strong sense of community and a warm welcome is given to newcomers, no matter what experience or level of singing, with no audition necessary. Singing can improve health, boost confidence and self esteem and reduce feelings of depression and loneliness.

With a Wellbeing steering group member and friends ready to help, emotional and practical support is offered when needed. There is a lot of laughter with this choir and rehearsals on a Saturday morning are always followed by tea, biscuits (and cakes once a month!) and chats.

The choir also has many social events throughout the year such as quiz nights and dinners, afternoon tea and lots of concerts to take part in too. It can be nerve racking to sing at your first concert but the beauty of a choir is that you are not alone. Choir is a great leveler and group fun. Contact for a free taster session.

Visit Frodsham Sings on Facebook, X, and Youtube. Please email: info@frodshamsings.org



Photo: Chris Hyland

Local heroes win national award

Bee Creatives at Bee Friends has won the Warmest Welcome Award at the first ever Warm Welcome Awards held on 17th June 2026.

The Warm Welcome Campaign is a network of more than 6,300 Warm Welcome Spaces that offer places of belonging and reconnection across the country, particularly for those struggling with loneliness or the cost of living.

The judges said: "The Bee Creatives team at Bee Friends came together to mark Keeping Warm Day with remarkable generosity. They knit, crochet, or sew handmade items—hats, scarves, mittens, hot water bottle cosies—for every single visitor who attends Bee Friends. With up to 100 people participating, this is no small undertaking. For many, particularly those who live alone or experience social isolation, this kindness is deeply moving. Visitors often express how seen and appreciated they feel, with some reduced to tears by the warmth and thoughtfulness shown. Bee Creatives embody the very best of community dedication. Their consistent kindness, creativity, and commitment to improving the lives of others make them truly deserving of recognition and this award."

Campaign Director David Barclay said: "Congratulations to Bee Friends for winning the Warmest Welcome Award. These Awards celebrate the hope, kindness, and vibrancy that Warm Welcome Spaces bring to people's lives."



Gaby Roslin handing over the award to Angela Bailey and Josie Evans.
Photo: Bee friends

Congratulations to Castle Park Arts Centre



Castle Park Arts Centre celebrated its 40th anniversary with a free exhibition in the centre between 30th June and 8th August 2026, highlighting its achievements and telling the story of the artist community coming together to create an Arts Centre in a heritage building.

The exhibition was designed to stir memories, recognise contributions, tell stories and celebrate Frodsham's hidden treasure.

Sponsor



Frodsham News has been fortunate to receive a donation from a choir member and a very generous donation from Frodsham Sings which will pay to print an entire edition and we thank the choir very much for their support of our community publication.

Manor House School takes on London

Year 6 students marked the end of their primary journey with an unforgettable 3 day trip to London.

The exciting visit gave students the opportunity to experience some of the capital's most famous landmarks while creating lasting memories with friends and teachers.

Highlights included a Lego workshop at the Natural History Museum, a flight on the London Eye and a tour of the Houses of Parliament. There was a magical trip to the Harry Potter Studio Tour, a spectacular West End production of Hercules and the adventure wrapped up with a chance to explore the famous Hamleys Toy Store.

The trip was a wonderful way to recognise hard work, determination and achievements throughout the students time at the school. It also provided the opportunity to strengthen friendships, build confidence and celebrate before taking the next steps to secondary education.



Photo: Manor House School

Food and drink Festival

After last year’s free community event in Castle Park, the Food and Drink Festival came back bigger and with a huge variety of cuisines from Africa, Asia and Europe from pies, pasties, pizza and pastries to wine and beers, hog roast, Gelato and Cheshire Cheeses – and so much more.

The Artisan market was in full swing with jewellery, art work, plants and many crafts. If you noticed the town had turned pink, there was also a pink stall for the charity Prevent Breast Cancer.

This year, the exhibition tent saw demonstrations from Devonshire Bakery, Enchanted Forage, Dad’s Kitchen and Garden, cocktail making from Zucca and surf and turf taster from Restaurant Next Door. There was also a “Man v Food Challenge” from HE Coward.

Punch and Judy delighted children and adults alike and there were children’s bumper cars. The sun came out and with locals and visitors there was a tangible feeling of community – something that makes Frodsham so special. Thanks go to Frodsham Town Council and volunteers for this fantastic festival. Top: Rik from Restaurant Next Door preparing to create surf and turf. Bottom: Bradley from Zucca demonstrating his beautiful cocktails



Photos: Ed

A new blue plaque for Frodsham



In June, the first of 3 new blue plaques was installed outside Main Street Community Church, the work of Dr Kath Gee in conjunction with Pastor Paul Wintle. Also present at the unveiling was Sue Lorimer, Chair of Frodsham & District History Society.

This plaque updates information previously displayed and was paid for by Frodsham Town Council from a bid submitted by Frodsham & District History Society last autumn.

The National Blue Plaque Scheme is designed to spark curiosity in people of all ages and backgrounds. Each plaque is a tangible, physical link connecting people to place through a building that was part of their story and is still standing.

Frodsham has 30 blue plaques along High Street, from Trinity Church apartments all the way to Castle Park which is home to 3, reflecting the large number of historic properties in the town.

Frodsham's Hyrox competitors

A HYROX competition consists of eight 1km runs, each followed by a functional fitness challenge: 1,000m SkiErg, sled push, sled pull, 80m burpee broad jumps, 1,000m rowing, a 200m farmer’s carry with two 16kg kettlebells, 100m walking lunges with a 10kg sandbag, and finally 100 wall balls using a 4kg medicine ball – all in under 90 minutes!

Frodsham resident Sarah Furlong can do exactly that. Sarah has successfully competed in HYROX endurance and strength events in the UK and overseas. She has competed with Sarah O’Brien and another close friend in women’s doubles and her next event will be with her daughter-in-law who originally inspired her to train. At 58, Sarah is a passionate advocate for strength training, particularly for women. Increasingly recognised as an essential part of healthy ageing, strength training supports fitness, mobility and overall wellbeing. The two Sarahs train at Elysium on Main Street where they renewed their friendship after previously rowing together. They value the camaraderie and supportive atmosphere of training as a team.

There are no financial rewards in HYROX. Competitors receive a finisher’s badge, while even World Championship winners receive only a flag. Athletes of all ages compete; at the Stockholm World Championships, the oldest competitor was 75.



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<https://www.dancemovers.co.uk>

Caring Frodsham Primary Academy turns silver into gold

Frodsham Primary Academy turned silver into gold at this year's annual Cheshire Young Carers Awards. The award celebrates the school's commitment to supporting pupils who are young carers, ensuring they feel seen, supported, and empowered every day. It is the third year running that the school has been recognised in the awards. Last year they received a silver award.

The accolade was presented to Assistant Headteacher Stephanie Price (left) and Pastoral and Inclusion Lead Debbie Sutton (right) by the Lord-Lieutenant of Cheshire, Lady Alexis Redmond (centre), during an awards evening at the Courtyard Complex, Eaton Park.

Debbie Sutton said: "It is vital that we identify and support children who may be supporting parents, grandparents, or siblings with physical or emotional needs. Frodsham Primary Academy's approach to the personal development of pupils beyond pure academic achievement, including its support of young carers, was recognised by Ofsted inspectors in 2025 when the school received an 'outstanding' rating for personal development."



Frodsham Town Council Relocation

Frodsham Town Council has moved to a new office at 44 Main Street, Frodsham, WA6 7AU.

The move brings the office greater visibility and accessibility to the heart of the community. The office is open Monday to Thursday 9.0am to 5.0pm and Friday 9.30am to 3.30pm. There is a dedicated and experienced team of three part-time officers: Jo O'Donoghue (FSLCC), Town Clerk, Lyndy Bosman, Assistant Clerk and Liz Kenny, Cemetery Clerk.

The answer phone service is always operational as officers are not always available and appointments can be made Monday to Wednesday.

- Office telephone: 01928 735150
- Town Clerk email: townclerk@frodsham.gov.uk
- Assistant Clerk email: council@frodsham.gov.uk
- Cemetery Clerk email: cemeteryclerk@frodsham.gov.uk
- Website: www.frodsham.gov.uk

New High Sheriff of Cheshire Appointed

A new High Sheriff of Cheshire has been appointed at a ceremony at Norton Priory Museum and Gardens. Lynn Pegler is a PR, media, communications specialist, Chair of Norton Priory trustees, board member of Halton Chamber of Commerce and former festival manager of seven Weaver Words Literature Festivals in Frodsham.

Now largely ceremonial, the office dates back over 1,000 years but remains an active and highly respected role. His Majesty the King appoints each High Sheriff for one year to support the Crown, the judiciary, law enforcement, voluntary and community organisations and emergency services.

Lynn moved to Cheshire in 2000 as regional Communications Manager for British Waterways.



Photo: Lynn Pegler

Reverend Elaine's retirement from St. Laurence Church



When Reverend Elaine Attack retired as vicar, she left a parish that has and will continue to change. There was a big turnout for her last service on 31st May with presentations of gifts and cake. The flower team produced beautiful displays and the bell ringers rang a special peal.

During her 6 years in Frodsham she and her husband, Reverend Phil became well known in the town. Her many achievements include her work with children, both within and outside of the church. She worked closely with Frodsham CE Primary School, introduced Toddler Praise on a Wednesday morning and ran a monthly Messy Church.

She led the parish's Parochial Church Council focusing on sensitively improving the church building to make it even more welcoming for its visitors and was involved in the Vision 2031 project including some ambitious plans for Frodsham's only Grade I listed building such as creating level access and repurposing the area below the bell tower with more ideas to follow over the coming months. She will be greatly missed in the parish but her legacy will continue through these projects and groups.

Runcorn Rowing Club - Henley Regatta finalists!



Photo: Ben Rodford Photography

Runcorn Rowers Sue Sljivic of Frodsham and her rowing partner Jackie Hamer competed in the Henley Masters Regatta on July 10th in the 'F' category for women aged 60-65. They won against Tees Rowing Club which got them into the semi finals, where they raced against Minerva Bath which they again won! In the final they came up against Tideway Scullers, who beat them by half a length. It is a fantastic result and very inspiring to see our local crews competing at a national level. Congratulations to both!

She owns PR business, Pegler Communications, has published two poetry collections, written and staged three plays, including performing at the Edinburgh Festival Fringe. She is a violinist with Chester Philharmonic Orchestra and an award-winning director, writer and actor with Kingsley Players.

Lynn says, "A year is such a short time to make a difference but I am planning to hit the ground running, promoting arts and culture, Canal River Trust as well as Crimebeat and the Cheshire Community Foundation shining light on charities and voluntary groups."

For more information at www.highsheriffofcheshire.co.uk

25 years anniversary for Dedicated Funeral Specialist Serving Frodsham

In May, J. C Clarke & Son Funeral Directors were proud to celebrate a remarkable milestone as Funeral Service Specialist and Memorial Consultant Debbie Barker marked 25 years supporting families across the Frodsham community. The office closed for colleagues and members of the community to celebrate "Debbie day"

Laura Southby, Cluster Manager paid tribute to Debbie's contribution saying "Debbie has been an incredibly dedicated and valued member of our team for the past 25 years. Her compassion, professionalism and commitment to caring for families is truly exceptional. She always goes above and beyond to support people through difficult times and her experience and kindness make a real difference to both our clients and colleagues every single day and we are extremely grateful for her loyalty and hard work."

Debbie became interested in the profession after her father's funeral but after a colleague's death, questioned this. But a newspaper advert caught her eye and she has never looked back. Debbie said that it had been her "privilege and honour to serve families in their worst moments and to treat their loved one with dignity and care." To the relief of her colleagues she says she has no plans to retire.

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Bene Gelateria - THE Award winning Gelato experience on Church Street, Frodsham. Pop in and treat yourself to a snack, meal or deli offering or a delicious gelato from our exciting range of flavours. @Benegelateria

Happy centenary to the swing bridge!

After 2 years of construction, Sutton Weaver swing bridge opened to road traffic on the morning of Sunday 6 June 1926 when the bridge it replaced, dating from 1872, was removed and the approach roads re-aligned. All the work was carried out under the supervision of John Arthur Saner, Engineer and General Manager of the Weaver Navigation. Saner, who served from 1887 to 1934 had designed the new bridge. Joseph Park of Northwich supplied the steelwork and Metropolitan Vickers of Trafford Park supplied the electric motors. After recent repairs, it is hoped the bridge will serve for another 100 years!



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Picnic in the Park

Frodsham Town Council have organised another free event this summer. Picnic in the Park will take place on 29th August 2026 between 12pm and 5pm. Bring your own picnic, seats and blankets and spend a family afternoon with entertainment for children and adults and various stands. Let's hope the weather holds for this community event.

Community at the heart of Sandstone Cafe

A near fatal accident forced a change of direction in career for Lauren and Sandstone was born when she opened in February 2025. Her aim was to create a community space where locals and visitors could socialise whilst they ate, "A space to make friends" she says.

Since then her ideas have developed and she has extended her vision of community to collaboration with other local businesses. Outside catering for individuals as well as in house food and drink is still a big part of her business, but her aim is to be a bigger part of Frodsham's growing community enterprise.

Lauren provides the weekend afternoon teas at The Curious Cat bookshop as well as food for their supper clubs. A satisfied customer recommended her to a Director of The Daniel Adamson "The Danny" and she now provides picnic boxes on cruises as part of a ticket deal for 11 cruises this season. Other local businesses such as The Health Centre and a local Solicitor have utilised her help for their own events.

There are several initiatives in town encouraging collaboration between businesses and Lauren is determined that Sandstone be part of these.

St. Laurence Open Day

Visitors were treated to a wealth of information about Frodsham's Parish Church at an open day on 6th June, with many details about its history and current activities.

The History Society provided detailed posters about many of the memorials in the Church, expanding on the information contained in the stone or metal plaques. A large 1911 map of The Lordship of Frodsham commanded a great deal of attention as visitors could see the roads and buildings of 1911 and compare them with how the area looks today. Several red dots were placed on the map showing the placement of pigeon lofts. This was complemented by a display of "then and now" photographs of the town.

The history and infrastructure of this Grade 1 listed building are important and it is essential these are respected and maintained and the Parochial Church Council is looking at the future of the Church with ongoing discussions on how to not only serve worshippers but also encourage the wider community into the Church. The message is "Preserving our heritage, Serving our community, Inspiring future generations".

1st prize for local photographer



Marc Crehan, reader of May's Climate Action Frodsham newsletter entered the Green Expo 2026 photo competition in the category "The natural world's resilience: City, Countryside and Coastlines, Coping, despite the challenges." The photo was inspired by the CAF walk to Frodsham Marshes on 25th April as part of the Frodsham Festival of Walks and shows two cormorants taking advantage of a man-made structure. This photo won 1st prize and was exhibited in the cloisters of Chester Cathedral along with other winning photos.

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Lady Heyes is located on Kingsley Road, Frodsham and is a 15 acre site with a host of activities, amenities and shops to discover.

Website: www.ladyheyespark.com

Your chance to make Christmas happen in your town



Following an open evening in June, a few people have come forward to help with this year's Festival. However, many more are needed to produce this huge community event and to assist with social media, electrics, lighting, fund-raising, marshaling and a host of tasks. Joining the committee is not necessary although new members are warmly welcomed. The event has become such a massive and successful undertaking – many people are needed to actually run it. The Committee is working in partnership with business members of Find it in Frodsham and hope to work with other businesses but more input is needed from the community.

Another open evening will be held at 7.30 on Wednesday 21st October at the Community Centre. Join the committee for a chat and a cuppa –they are a very friendly bunch and preparing for Christmas is such a satisfying and fun short term volunteering role! Contact: enquiries@christmasinfrodsham.com

New premises for Will to Work

After last year's 25th Anniversary, Will to Work are now sadly on the look-out for new premises.

The organisation gives people who have suffered serious illness or disability and are unable to work, the opportunity to regain confidence and give purpose to their lives by making a wide range of items including park benches, toys, bird boxes and so much more.

The workshop is located at the back of the sports hall at Frodsham Leisure Centre, at the overflow car park. Because of building work at the Centre next year, Will to Work are looking for new premises that will accommodate their equipment. Staff at Frodsham Leisure Centre, FTC and CWaC are all on the look-out, but Norma and colleagues are finding this an anxious time.

If you think you know of anywhere suitable that folk can get to easily, please get in touch with Norma. Anyone can call into the workshop and get a warm welcome. Opening times are Monday and Wednesday 12pm until 3pm. Please contact Norma on 01928 731477 or email princenorma07@gmail.com



UPCOMING EVENTS

Bioblitz at Hob Hey Wood, Saturday 15th August, 9am: an event for the whole family to enjoy and learn about our wonderful ancient woodland.

Picnic in the Park, Saturday 29 August, 12pm-5pm: a free, family-friendly event in Castle Park.

Drop in session at Frodsham Methodist Church with local councillors, Mike Garvey and Lucy Sumner, Saturday 5th September, 10am-1pm: for residents concerned about the safety of road users on Manley Road.

The People's Emergency Briefing film, Saturday 3rd October, 14:30: the film is to ensure the UK is fully briefed on the climate and nature crisis and will be shown at Frodsham Community Centre.

THE NEXT ISSUE

- Submissions to be considered by **11th November 2026**
- Date of publication will be **25th November 2026**

TREASURER/FUNDRAISER NEEDED!

Frodsham News Management team are looking for someone to take over the role of treasurer/fundraiser. This voluntary role requires a good organiser who can keep the simple finances in order and can attract local companies and individuals to sponsor the publication so that we can continue to publish 4 editions a year.

If this role interests you or you would like to know more and you have the necessary skills to help, then please contact us via email: Chair@frodshamnews.co.uk



We would love to hear your thoughts on this newsletter. Please scan the QR code to provide feedback

Frodsham News Forum gratefully acknowledges the financial support of sponsors **Frodsham Sings Community Choir, Mr. Allan Arthur, Lady Heyes Holiday Park, Dance Movers and Bene Gelateria**

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