

Frodsham Youth Club wins high praise from the High Sheriff.



Photo: L. Jones

We are proud to be at the heart of the community, offering a safe, welcoming space where young people can grow in confidence, build friendships, and have fun. The club runs a wide range of inclusive activities designed to support wellbeing and help develop valuable life skills.

From sports and creative arts to Duke of Edinburgh expeditions and team challenges, our sessions give young people the chance to try something new, explore their interests, and work together in a positive, supportive environment. We believe every young person deserves access to opportunities that help them thrive.

Our dedicated team of staff and volunteers work hard to create a space where everyone feels valued and encouraged. Whether it's through structured programmes or simply a safe place to relax and chat, Frodsham Youth Club is more than just a building; it's a vital part of growing up in our town. In 2024 we were runners up for the High Sheriffs award in the category of Outstanding Community Engagement.

We are always keen to welcome new members, volunteers, and supporters. We are currently looking for passionate individuals to join our Board of Trustees to make a difference for young people, please email fycgrants@outlook.com. For more information visit our website on <https://frodshamyouthclub.uk> or follow us on social media @ Frodsham Youth Association.

Frodsham's International Children's Writer

A university summer break at Camp America started Iryna Garkusha's journey to England when she made friends with a Frodsham lass.

Back in her native Ukraine, she fled the ruins of Donetsk, settled in Kyiv and when the Russians invaded in 2022, she was married with two small children. She had published her first book in 2020 which covered the dangers of sexting for primary school children. This sold over 20,000 copies and she quickly became well known. She followed this up with a book about dreams.

Her friend, Suzy, offered refuge and the family made their way to Frodsham. Since arriving, Iryna has made quite an impact. With her husband resuming his career and her children in a local school, she spends her time writing, mentoring other writers, reading in schools, delivering workshops including Weaver Words and on the "Danny" steam ship as well as singing in church.

Her third published book is in English and deals with a dinosaur giving and asking for help and is dedicated to the people of Frodsham for their kindness and welcome to our community. Why not pop into The Curious Cat Bookshop for a copy of 'Irwin's Huge Help', published under the name of Ira Bova.

Facebook: Ira Bova
Instagram: @ira_ova_writer
Photo: I. Garkusha



100 years of Runcorn Sea Cadets T/A (Training Ship) Ashanti

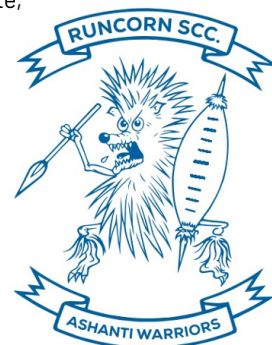
The Cadets celebrated our 100 year anniversary in September and marked this huge milestone with a traditional Navy Mess dinner at the Forest Hills Hotel. Many volunteers attended from as far back as 1959 but who still support and attend activities and share memories. We are celebrating our anniversary as part of a national network, working with units in Chester, Ellesmere Port, Widnes and Warrington.

The youth organization follows Navy guidelines although an independent charity who do their own fundraising. Over the years volunteers both uniformed and non uniformed have given their time to the cadets providing first aid training, camping trips, visits to naval ships and running the Duke of Edinburgh Award Scheme plus other classes designed to give inner confidence, personal self belief and development. We serve the community by selling poppies and parading on remembrance days.

Water based activities from April to October include rowing, paddle boarding and kayaking at our boating station on the River Weaver, near Frodsham swing bridge and power boating in Colwyn Bay. We parade on Monday and Thursday evenings at our HQ at Army Reserve Centre, Crown Gate, Runcorn WA7 2FP and our catchment area includes Frodsham and Helsby.

Ray Barnard, Chair of Management team and Trustees

Email: admin@ts-ashanti.org
Admin tel: 07803841555



Will to Work

Celebrates 25 years

Will to Work celebrated its silver anniversary in September with an open day and a cuppa in their welcoming workshop. It is a local charity offering a friendly environment for people from Frodsham and surrounding areas that have suffered serious illness or disability and are unable to work.

The workshop helps people with a range of disabilities to put back a real and vital purpose to their lives. They make a real difference to the community by making a wide variety of items including park benches, children's toys, crosses for churches, bird boxes and much more.

Started in 2000 by Geoff Prince at Lady Heyes, the workshop moved to Brook Works and then to its present location at the back of Frodsham Leisure Centre. Sadly Geoff died 10 years ago but his wife Norma has carried on championing the busy workshop.

Opening times are Monday and Wednesday 12 till 3pm. Please contact Norma on 01928 731 477 or email princenorma07@gmail.com for further information.



Photos: C. Burrows

Be Prepared with 3rd Frodsham Squirrel Scouts



Photo: 3rd Frodsham Squirrels

For many, Scouting is a memorable part of childhood, with outdoor activities, water sports and fun in the Hut forging life-long hobbies and friendships. Now, children do not have to wait until they are six to get involved but can become a Squirrel Scout from age four.

Launched in 2021, the programme was designed for pre-school children to learn new skills, make friends and unlock hidden talents. The 3rd Frodsham Squirrels started in February 2025 and there are currently 12 Squirrels enrolled, most of whom have already earned at least 9 badges!

The carefully planned curriculum consists of 12 'Activity Badges', covering cooking, safety and creativity, and 4 'Challenge Awards', themed on teamwork, citizenship, personal development, outdoors and adventure. When a Squirrel has earned all Challenge Awards and two Activity Badges, they will gain the 'Chief Scout's Acorn Award', which is the highest award a Squirrel can earn – a huge achievement!

Previous activities at 3rd Frodsham include a treasure hunt and campfire at Queen Charlotte's Wood, canoeing on the River Weaver, crafts and den-building. Upcoming events include a Halloween party, Bonfire Night celebrations, a special guest visit from PCSO Neil Flanagan and Boulderling at the Ellesmere Port climbing hut.

3rd Frodsham Squirrels meet every Monday between 6pm-7pm. If you would like to volunteer or join the waiting list, please visit www.scouts.org for more information.

St. Laurence Church - our last Grade I listed building

The Parish Church of St Laurence has served the people of Frodsham for over eight hundred years through acts of worship, pastoral care, charitable giving and community service. Its vision is to be "the church of everyday, with something for everyone", offering a welcoming, warm, safe space to all.

The Reverend Elaine Attack has been Vicar here for five years, and just over a year ago launched the 'Giving in Grace' scheme. This has helped raise much needed funds for St. Laurence, the only Grade I listed building in the town. Unfortunately, many historic Churches close through lack of funds for upkeep.

Rev Attack would like to give a most heartfelt "thank you" for the generosity of those who have joined 'Giving in Grace'. Regular donations go to the Friends of St Laurence Frodsham fund and are used towards essential maintenance adding to funds raised through collection plate donations.

For further information on St. Laurence Church and the many services provided, and on 'Giving in Grace', please visit the website on <https://slfchurch.org/>

Facebook: www.facebook.com/saintells/

Email: saintells@gmail.com

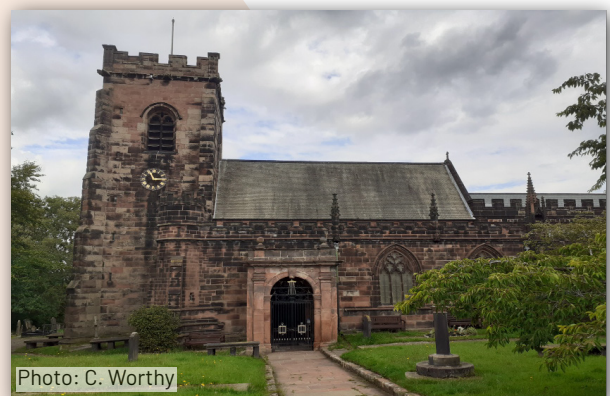


Photo: C. Worthy

Cheshire Ploughing Match

By kind permission of the Warburton Family the 99th Cheshire Ploughing & Hedge Laying Match was held at Hatley Farm, Frodsham on Wednesday 24th September 2025.

The weather was perfect and visitors enjoyed watching the Shire Horse and tractor ploughing classes, hedge laying competition and machinery demonstrations. There were over ninety trade stands offering advice and services to the farming community. Many had competitions for visitors to participate in and delicious food!

The well-known actor and Strictly winner Kelvin Fletcher was filming for his ITV series 'Fletcher's Family Farm' and could be seen trying his hand at ploughing with two Shire horses.

A wonderful day was had by all! It was ten years since the last Ploughing Match had been held in Frodsham. The 100th will be held in September 2026 at Cross Lane Farm in Bickley, Malpas.



Photos: C. Burrows

Cooking Together for our health and for our planet

Many of us grew up eating meat every day but evidence now shows that eating less meat and dairy food is better both for our own health and for our planet. The United Nations states that, "our food systems generate one-third of global greenhouse gas emissions" and encourages us to eat more plant-based foods to reduce our individual carbon footprint and impact on the Earth.

Changing our diet can be difficult which is why Climate Action Frodsham (CAF), together with Fresh Beginnings, a local community interest company, have been offering plant-based cooking sessions to the public for over a year at Main Street Community Church on Saturday mornings.

Cooking together has proven to be enjoyable and people of all ages and cooking experience have attended alone or with a friend or family member. They cook in small teams, led by an experienced chef, or tutor, from Fresh Beginnings which adds to the fun and they then take home some cooked food, plant-based recipes and various useful meal tips.

Some sessions this year have been subsidised by Councillor Mike Garvey and by Frodsham, Helsby & Elton Together. Climate Action Frodsham is grateful for their support.

We are all guardians of this planet and we all eat food! For more information please see posters in shops, email info@climateactionfrodsham.com, visit the Climate Action Frodsham website: www.climateactionfrodsham.com or phone Ruth on 01928 733930.

The next session is on Saturday 15th November 2025, between 10.00-12.30 and is £10.00 per person. Please contact Ruth via www.fresh-beginnings.co.uk/community-cooking-classes/



Dave Christie - Cheshire Business Coaching

After years playing and coaching rugby, Dave brought that same discipline, teamwork, and drive into the business world, championing nutrition, sustainable brands, and the power of clear direction.

Today, he's an active Business Coach based in Cheshire, mentoring and supporting small, independent businesses across the region, including Frodsham. Dave believes growth starts with honest conversation, whether face to face, online, or walking outdoors where ideas flow more naturally.

His "Two Steps Back" approach helps clients slow down, gain perspective, and see what truly matters whether that's refining a pitch, understanding customers, or finding the right direction for their business.

Unbiased, practical, and grounded in real experience, Dave helps business owners build clarity and confidence without chasing trends.

Find out more at www.cheshirebusinesscoaching.com

QUIZ!

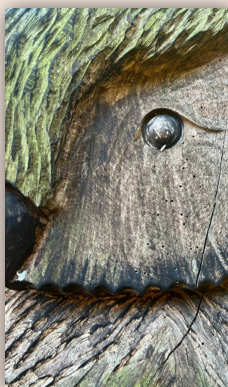
Do you know where these iconic Frodsham places are? See page 6 for answers!



1



2



3

Photos: E. Halliday

Proposed new housing development

At an extraordinary meeting of Frodsham Town Council on 1st September 2025, a planning application for a new housing development of 91 dwellings on land opposite Castle Park with proposed access from the A56, was discussed. Twenty-four residents attended the meeting In Castle Park Arts Centre. Four people raised points including building on land that is designated "Green Belt", increased traffic



congestion, especially at peak times and when accidents impact on the M56, increased pressure on overstretched infrastructure and concern about the potential loss of or damage to heritage assets.

Frodsham Town Council has stated in the minutes that it does not support or object to the application 25/02109/FUL, however, it has highlighted three priority concerns in its response to CWAC. Details of the response can be read at www.frodsham.gov.uk under meeting, Events Committee.

Local hero retires from Frodsham Library

After serving 46 years with the Library Service, Jenny Evans, Senior Customer Service Rep retired on 4th October. She is a well known and very popular member of the community, welcoming and assisting locals with her knowledge and warm and cheery approach.

A Library can be more than a place that lends books; it can get everyone involved. It can order books, photocopy, accommodate research and supply work stations, be a place to join reading and writing groups or renew a bus pass. As Jen says, story time and choosing books to borrow can lead children to a "world of imagination".

In 2021, Jen achieved national acclaim from Unison when she was named Local Service Champion from 800 applicants from local authority staff for transforming the Library into a community hub welcoming everyone.

Jen has loved her career with the Library Service and has very mixed feelings about retiring. She and her husband intend to travel and undertake another transformation - this time, in their garden. She will be very much missed by the residents of Frodsham who wish her happiness in her retirement.



Photo: Ed



Photo: J. Don

Frodsham Market - Tradition Not Trend

Frodsham's market status dates back to 1279 when King Edward I granted rights to a weekly market and two annual Fairs. The market eventually lapsed, but was re-established in 1661.

Trade has evolved from the herding of animals to selling exotic fruits in the 1960s and to the purchase of the Market Charter in 1975 by the present custodians, the Don family.

The market saw coach loads of visitors in the 1980s through to lockdown in 2020 to Jeanette Don's (Northern Markets) care and respect for the markets special heritage from 2024.

Jeanette's sense of family runs deep with the market as Frodsham is a second home to her. The manager and long term traders have worked hard since the pandemic to revive the market and remind us of the importance of our shared history, 'family' connection and community on Thursdays. The town is so fortunate to have a thriving and varied traditional market. History continues in this special place for us all to browse, purchase and meet up with friends, family and strangers.

Picnic in the Park

On the 23rd August this new and FREE event was held in Castle Park thanks to Frodsham Town Council Events Committee and volunteers. The weather held and attendance was excellent with many families relaxing with picnics all over the park. Children enjoyed bouncy castles, a helter skelter and face paints and thanks go to Tin Can Alley for providing traditional fair games which were very busy all afternoon. Thanks also go to Frodsham Guides for their support.

A Dog Show on the top field was organized by Tail Mates in partnership with Bindis Lost & Found. There were many competition categories including "the dog with the waggiest tail", which was hugely popular with the crowd as well as the dogs!

Funds raised totalled £646 for Bindis, who provide free services, specialist advice and equipment to reunite owners with lost pets.

Thanks go to Hipswing and helpers for managing the music and entertainment stage which helped the afternoon go with a swing. Thanks also to Cheshire West & Chester Council for managing the litter so successfully.

But most of all, thanks to the community for attending and enjoying a lovely family afternoon in Frodsham.



Photo: Ed

Cheshire Business Coaching

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Discovery Call

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Lady Heyes

Award-winning Holiday Park and Attraction Village on our doorstep

Once a local watering hole for passing tradesmen on horseback; Lady Heyes is now a thriving 15 acre site with a lot going on. Established in 1997 by Tony and Liz Faulkner the business is still family owned with son Mitch as Director.

There are 85 pitches on the Touring field for caravans, camping and motor homes and 43 glamping pods of assorted designs that are all built in house by the team. The Park has a lovely café and a 'village' of eclectic shops and businesses including home ware, candles, a jewelry workshop, antiques, records, a pottery painting studio, a soft play barn, a sweet shop and much more.

The business was awarded Holiday Park of The Year for 2024/2025 by Cheshire Tourism and they are finalists again for this prestigious award for 25/26.

Exciting new developments coming soon are a reformer Pilates studio and 3 Padel courts in November, which will be fantastic not just for guests but for the local community and surrounding area. Over the spring and summer months Car Boot Sales have been very successful and the Christmas Event is taking place on 13th December. All are welcome.

WORDSEARCH

Answers on page 6

V N E T H E R T O N C P X G F
X M B C F R V F R V V S G D S
G C L E K L Z R Q B H Q C T T
P S A N D S T O N E T R A I L
R R D O W H M D E L L R S O A
L I Y T X O Q S L L G O T M U
Z V H A D B B H A E H N L S R
M E E P Y M Z A D M M J E E E
V R Y H C A H M Y O J B P R N
I W E I N R R Z G N C N A E C
G E S Y R K I H F T U J R P E
Z A X X H E U H W E K L K R R
B V T O V T C V D H H N Z A Q
B E X H H O B H E Y W O O D M
J R F O E T Z Y E C Q Z O H N

- | | | |
|-----------------|--------------|-------------|
| sandstone trail | river weaver | bellemonte |
| hob hey wood | netherton | castle park |
| st laurence | lady heyes | frodsham |
| cenotaph | market | |

Our Christmas Festival needs you!

Last year we welcomed over 10,000 visitors to our huge Christmas market, giant snow globe, face paints and live entertainment! Santa greeted over 150 children and of course there was the legendary parade! Thirty elves and reindeer helped steward on the day and marshals volunteered to keep everyone safe during the parade.

Our small committee cannot cover all this alone and without volunteers, this spectacular event cannot go ahead. If you can spare some time on the day PLEASE contact the team now via the website: <https://www.christmasinfrodsham.com/volunteer>



Frodsham Belly Dancers

Think of belly dancing and what comes to mind? Exoticism, Fry's Turkish Delight? Forget that! For Frodsham's Halabia Dancers, the two F's apply - Fun and Friendship.

The troupe has 9 ladies with ages from 27 to 70, who all possess a love of middle eastern music and movement. There are many health benefits too, as dancing helps with musculoskeletal health, cardiovascular systems and a general sense of wellbeing. It also, very importantly, brings joy to audiences of all ages, from babies to recently a 100-year-old lady!

The troupe started 19 years ago under the expert tuition of Sue Blanchard who at one time held three classes. Numbers gradually reduced but popularity is now growing nationally and internationally.

The essence of belly dancing is learning to isolate different muscle groups and create a seamless movement. This can take a long time to master hence the need for Sue's expertise and infinite patience.

Performing for the public really binds the group together and they play a large part in our community, dancing at the Festival in the Park, the Christmas Festival as well as nursing homes, Women's Institute and Mothers Union. They are not recruiting new members at the moment. They consider requests for performances at non-profit making community events.



Photo: Group permission

For more information, please contact Frodsham Belly Dancers via email: frodshambellydancers@outlook.com

Sponsor a page

With Frodsham News becoming established, we are increasing the number of printed copies and adding more collection points. As this is a free publication, we are offering space to sponsors.

Become a page sponsor like Lady Heyes Holiday Park and Dave Christie. You will receive an acknowledgment of your sponsorship, together with your logo and a 20-word summary of your business/organisation. Various packages are available which we can tailor for you.

Please contact: sponsor@frodshamnews.co.uk to express your interest and arrange a discussion with our team.

Helsby High School's Year 11 Results Day

The school were delighted to report on results day 21st August that students performed strongly across all areas of the school's curriculum, with over $\frac{3}{4}$ of all students achieving a Grade 4 or above in English and in Maths. Equally impressive was performance at higher grades, with over $\frac{1}{2}$ of the year group achieving a 'strong' GCSE pass of Grade 5 or above in both key subject areas and 14 students achieving the top grade 9, in at least one of their subjects.

Head teacher Martin Hill said: "Year 11 students first joined the school in 2020, at the height of the pandemic, so couldn't have had a more difficult start to secondary school life. Hence seeing them 5 years later achieve so well in their examinations is particularly special.

Natalie Witcher, their Year Leader commented: "We couldn't be more proud of our Year 11 students and their achievements. We now wish this fantastic group of young people all the very best for the future as they move on to their exciting next steps and we are really looking forward to having the pleasure of continuing to work with many of them in our Sixth Form."

A Scammer Called at the House Today

A scammer called at the house today
I stood my ground and called "go away"
He appeared at the window and grinned to say
He had tarmac to sell in black and gray

My legs turned to jelly, I started to flap
And then shut the curtains with a fumbled slap
His toothy grin lurched through a gap
He peered through the window and started to tap

Seeing my phone, I dialed the cops
Our CPSO is really the tops
He said he was busy, caught on the hop
But he promised to pull out all the stops

I turned to the camera and clicked on a pic
I even got his van, scoring a tick
The PCSO had arrived at a lick
And soon this grinner would be given the flick

I peeped through the curtain and had a good look
At the words being had with the grinning crook
A long deep breath through clenched teeth I took
I'm not as green as I cabbage look

So if a stranger calls, don't go into shock
Just take a moment and pause to take stock
If no appointment is made and a caller comes ad hoc
Just be careful – not a green old crock

With Christmas plans being made, we should all be on our guard for scam cold callers and phone scammers – take your time and ask yourself "Is this genuine?"

UPCOMING EVENTS IN FRODSHAM

- **Grand Firework Display and Bonfire** - Saturday 1st November at Frodsham Community Centre @ 6.00pm
- **Frodsham Festive Night Market** - Friday 7th November, at Frodsham Community Centre, from 4.00pm -8.00pm
- **St. Laurence Christmas Crafts and Gifts Fair** - Saturday 8th November at the Parish Hall, Church Street, from 10.00am -1.00pm
- **Christmas Festival and Parade** - Saturday 29th November
- **Frodsham Panto Group presents Peter Pan** - from Sunday 4th January - Saturday 10th January. Get your tickets at Frodsham Community Centre

There are so many events and workshops happening all over the Town from November going into 2026.

For further information on exciting upcoming events and groups, please visit InFrodsham.uk or phone:

Arts Centre: 01928 735832
Community Centre: 01928 732222



Jennifer Nicholls
PA TO THE MANAGING DIRECTOR

LADY HEYES HOLIDAY PARK

☎ 01928 788557
🌐 www.ladyheyespark.com
✉ jennifer@ladyheyespark.com
📍 Lady Heyes Holiday Park, Frodsham, Cheshire, WA6 6SU

Located on Kingsley Road in Frodsham, Lady Heyes is a 15 acre site with a host of activities & amenities to discover. Come & Discover our lovely selection of shops, cafe & bar, children's soft play barn, pottery painting & much more....

V N E T H E R T O N C P X G F
X M B C F R V F R V V S G D S
G C L E K L Z R Q B H Q C T T
P S A N D S T O N E T R A I L
R R D O W H M D E L L R S O A
L I Y T X O Q S L L G O T M U
Z V H A D B B H A E H N L S R
M E E P Y M Z A D M M J E E E
V R Y H C A H M Y O J B P R N
I W E I N R R Z G N C N A E C
G E S Y R K I H F T U J R P E
Z A X X H E U H W E K L K R R
B V T O V T C V D H H N Z A Q
B E X H O B H E Y W O O D M
J R F O E T Z Y E C Q Z O H N

Answers to the Quiz

1. Trinity Methodist Church , Trinity Gardens (partly demolished)
2. The eye of the carved owl at the gates of the Art Centre
3. A plaque on the gates to the War Memorial on the Hill



We would love to hear your thoughts on this newsletter. Please scan the QR code to provide feedback.

Frodsham News Forum gratefully acknowledges the financial support of sponsors **Dave Christie, Lady Heyes Holiday Park** and **Cheshire West and Chester Community Chest**

